

An Echo in Time

- 1. At the end of the first chapter—after Patrick breaks up with Charli—what friendly advice would you offer?
- 2. Do you think Charli is self-sabotaging because of a lack of self-esteem? Is it a common trait for women? She considers it a foregone conclusion that she will fail at everything. Do you know anyone like that?
- 3. Have you ever had a day that has gone so poorly you say to yourself, "I must have been a real jerk in a former life, and I'm paying for it now"? Is this karma? Can acknowledging former wrongs change the future?
- 4. Have you ever had a dream that felt so real that you thought someone out there was communicating with you?
- 5. Have you looked up constellation therapy? Would you try it? Why? Why not?
- 6. Are you open to alternative practices in pursuit of your own personal healing?
- 7. Have you ever had an experience with a manager like Marvin? How did you handle it?
- 8. Charli's relationship with her mother is tough. What do you think she should do?
- 9. How do you feel about what Charli learned in her constellation therapy session? Could you do this and bare your soul to strangers?
- 10. How did you like the time-period changes? Did it keep you hooked?
- 11. Do you believe in the concept of soulmates?
- 12. Have you ever visited England? How about a true English pub?
- 13. Discuss your favorite and least favorite characters.
- 14. Does anyone enjoy genealogy? Do you find the same journey as Charli exciting? It's like being your own personal detective: you never know what you will find.
- 15. Who could you identify with in this story?
- 16. Are you satisfied with the way the arc of this story resolves?
- 17. How did you feel about how Miles's story ended up after losing Lillian?